



## Allergy Sublingual Handout

Depending on the results of allergy testing, patients with allergies may be considered candidates for Allergy Sublingual Immunotherapy. If you have tested positive, both the physician and allergy department have reviewed your results and recommend you start allergy immunotherapy.

Allergen immunotherapy, also known as allergy drops, is a form of long-term treatment that decreases symptoms for many people with allergic rhinitis, allergic asthma, conjunctivitis (eye allergy) or other allergy symptoms. The first step will be to schedule your first drop pickup.

**NOTE:** Please bring emergency device to first drop pickup.

You can expect the following information to be provided with the first drop pickup.

- Educational material on allergies
- Emergency device procedures and when to administer- Please bring Emergency Device to all new vial appointments and allergy seminar.
- Benefits and risks of allergy drop immunotherapy
- Adverse side effects and symptoms of allergic reactions
- How to administer allergy drops.

### Other Information

- You will receive an emergency device prescription prior to your first drop appointment. Instructions will be given at this appointment. Visit <https://www.epipen.com/> for additional information.
- Please let medical staff know if you have asthma/on a beta blocker/or history of anaphylaxis before registering for seminar.

*\*\*\* If you do not bring **EMERGENCY DEVICE** to first drop appointment, you cannot receive your vials to take home.*

*Please note you will receive a call the Tuesday prior for a mixing appointment- you do not have to attend.*

**PLEASE NOTE:** Sublingual immunotherapy is self-pay. The total costs for treatment is **\$960** per year. You have the option to pick up a 3-month supply at **\$240** or a 6-month supply for **\$480**. Please let staff know which one you will prefer.